

# January

## 2017 SMACK TALK

### ISSUE 33

#### ANNOUNCEMENTS

#### *A Member "Thank You"*

2016 Chamber events such as The Chamber Banquet, Working Women's Luncheon, Teachers Appreciation Luncheon, The Oil Town Festival, Trunk or Treat, and Downtown Christmas would not have been possible if it wasn't for the support of Chamber Members. These members are not only vital to the Chamber, but vital to the Smackover community. For services in both Smackover and surrounding areas, please check out our membership directory on [smackoverar.com](http://smackoverar.com) and shop with our supporters!

#### *Smackover Chamber of Commerce*

P.O. Box 275  
710 Pershing Hwy  
Smackover, AR 71762

Hours: 9-12 M-F  
Phone: 870-725-3521  
Email: [smkovrcofc@sbcglobal.net](mailto:smkovrcofc@sbcglobal.net)  
Website: [smackoverar.com](http://smackoverar.com)

*Working and Serving Together for  
a Better Community!*

- Board Meeting—3rd Tuesday of each month
- Interested in becoming a **member** in 2017? We would love to have you! individual and business memberships are available. Contact the Chamber for more information.
- **Lions Club Bingo**—Held the First Tuesday of Each month at 6:00 in the old City Hall
- Follow the Smackover Chamber Commerce & The Smackover Oil Town Festival on Facebook for Chamber News & Oil Town Announcements
- Want to put an announcement (Birthday, anniversary, etc.) in smack talk? Simply send us an email!
- LONG SLEEVE Smackover Shirts are now available at the Chamber and City Hall. \$10-\$12 for Chamber Members// \$15-\$17 for non-members
- **Oil Town shirts/tanks & 3 on 3 shirts now only \$5!** Stop by the Chamber or City Hall to get yours before they are gone for good!
- **MEMBERSHIP DIRECTORY NOW ON THE WEBSITE!** Don't forget to use members for your needs!

#### SMACK TALK AD NEW YEAR SPECIAL

Get 25% off the below yearly ad purchases before the month ends! Just email or mail us your add, or one can be created for you.

**Business card size: \$150 (usually \$200)**  
**1/4 a page: \$200 (usually \$250)**

\*Monthly ad prices are as usual: Business card size \$20, 1/4 a page \$50, 1/2 a page \$50, full page \$100

#### HABITS FOR A BETTER NEW YEAR

- **Respond rather than React** : When we react to something it is in control of us, but when we take time to think on it and then respond we are in control of it
- **Get up When you Wake up** : it may be hard at first if you aren't a morning person, but as time progresses this habit will build your momentum & help you progress on your goals
- **Express Gratitude** : Expressing gratitude instantly shifts your energy and focus on the good in your life, instead of the problems.
- **Carry a Goal Card** : Writing = Thinking
- **Develop your Mind** : Read-Learn-GROW!
- **Manage your Activities** : time is hard to manage so rather than trying to fit as many activities into one day make a list of around 6 things for each day. If you complete the list, move on to the first next days activity.
- **Leave Others with the Impression of Increase** : There's so much good in every person, and if you're looking for it, you're going to see it. And when you do see it, you're going to see a reflection of the good that is in yourself.

-Bob Proctor

# Celebrating Martin Luther King Jr. day

## MLK Quotes

“Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.”

“Faith is taking the first step even when you can't see the whole staircase.”

“Our lives begin to end the day we become silent about things that matter.”

“If you can't fly then run, if you can't run then walk, if you can't walk then

crawl, but whatever you do you have to keep moving forward.”

“Only in the darkness can you see the stars.”

“Let no man pull you so low as to hate him.”

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”

“Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.”

“Forgiveness is not an occasional act, it is a constant attitude.”

“Those who are not looking for happiness are the most likely to find it, because those who are searching forget that the surest way to be happy is to seek happiness for others.”

“We have flown the air like birds and swum the sea like fishes, but have yet to learn the simple act of walking the earth like brothers.”

“He who passively accepts evil is as much involved in it as he who helps to perpetrate it. He who accepts evil without protesting against it is really cooperating with it.”



**Oil Town Planning is upon us! If you have an idea for Oil Town this year let us know!**

### How Do You Say January in...

Spanish: De enero  
 Italian: Gennaio  
 French: Janvier  
 German: Januar  
 Polish: Stycznia  
 Latin: January

## The Danger of Complaining

Joyce Meyer

Complaining is dangerous business. It can damage or even destroy your relationship with God, your relationships with other people, and even with your relationship with yourself. It's easy to complain. We likely don't realize how much we do it. I believe it's one of the most challenging things to overcome.

Philippians 2:14 says, *Do all things without grumbling and faultfinding and complaining....* That's a pretty clear command. And not something anyone can do in their own strength.

### Speak Gods Language

Remember that every word you speak has some kind of effect. Proverbs 18:21 says that our words have the power of life or death in them – the way we speak really does matter. So it makes sense that we should avoid complaining at all cost.

I think of complaining as the enemy's language. When we do it, we open the door for him to come into a situation and cause trouble. On the other hand, praise and thanksgiving is God's language.

There are many things that happen every day that we could murmur about. But they really aren't worth the effort it takes to get upset and gripe about it. Usually complaining doesn't change anything – it just makes the situation harder.

### Find Freedom in Humility

Complaining comes from an ungrateful, prideful attitude of the heart. It causes us to feel that we shouldn't be inconvenienced or have bad things happen to us.

It's easy for us to think, *“Why are you making such a big deal out of it?”* when someone else is inconvenienced or struggling. But when we have to deal with the pain ourselves, it's a different story. That's when we say, *“Why is this happening to me?!”*

What to do? Look for the treasure in every trial & press into God

What's real freedom? Real freedom is being able to not have your way and still be just as happy as if you did. Make it your goal to have a constant attitude of gratitude. Resist the temptation to complain and instead praise and thank God for who He is and all He's done for you. By God's grace and through His strength, you can overcome complaining and live each day with a thankful heart!